

From Boudoir to Kitchen

The Truth About Shields

There is much to consider beyond cost and quality in buying shields and there is almost as much additional comfort in selecting the correct shape and size as in collars and hats.

Too many a charming blouse, looking as if made from the airy drapery of a poet, is marred by a pair of too evident shields, because far too large and badly placed. Such carelessness is inexcusable when such tiny ones may be purchased and if covered with the finest chiffon lining will be practically invisible. Then, too, few know that the blouse should be turned outward over the neck and the shield placed smoothly and fairly, not drawn at the corners, so that the larger part of the shield toward the front.

There are large shields for those who are stout or perspire very much, but with the half to sew into the blouse and draw a tiny lap on the sleeve side, and there are shields where the point rises in the front for those who have a full bust.

For lingerie blouses are the muslin covered and lace trimmed ones, and black shields for mourning.

The shield which is to be worn on each side of the corset is a great protection to an expensive pair. Sometimes a shield in the center front is all that is required. The braisiers with shields which may be laundered has been most successful with the kimono sleeves, as it is sometimes difficult to adjust with delicate or lingerie frocks. A very charming girl who ruined many chiffon frocks found that a strip of silk cloth wrapped about her before putting on the corsets saved many a pretty frock as well as dainty corsets. Another idea for evening wear is to wrap several folds of flesh colored chiffon about the arms and shoulders and so obviate the use of shields. The chiffon, less perceptible, laundries excellently.

For the woman with a full bust who is uncomfortable when she leans forward in evening dress there is a series of pleated tulle fans, about two inches deep and diminishing to one inch. These are sewn together and fastened inside the corset, the largest fan next to the material, but not showing above, so that leaning forward only fluffy tulle is seen and the line of the frock is not destroyed.

Another woman found a simple way to obviate the transparency of lingerie dresses and flimsy petticoats by facing the front panel of the petticoat with its material. With petticoats already made the piece may be added or if desired wider to fit the shield, as a inset of plait will fill in the front.

THE WORK BAG.

THE little embroidered pockets which have long ribbons attached, so they can be suspended from the bodice or fastened to the belt, brass or iron beads, are more convenient. Some of these little pockets are made of covered cardboard, circular in shape. Two covered circles are overlapped halfway around with one on a tree branch embroidered on one side.

Timely Tips For the Housewife

A Symphony of Salads.
SALADS will never go out of style, for they are such refreshing as well as nourishing dishes that they should be on our tables as often as it is possible to prepare them.

The very early salads may include the young dandelion and any that have been changed to grow under wood piles or in the grass. When they are tender and crisp, a few of these blanched dandelions cut up and mixed with a green onion or two, likewise cut fine, and a simple salad dressing of oil and vinegar with a dash of hot sauce and salt and pepper, makes a most appetizing salad. One may use any desired salad dressing, but oil is so meaty and sweet and with so full of nourishment that everybody should learn to like good olive oil.

Pepper grass and the mustard that is so annoying in the field as a weed make fine salads if dressed with some good salad dressing combinations.

If one is fortunate enough to live near a small brook or creek where the watercress grows there is always a supply of a most wholesome green. Served with lamb or pork chops just as a garnish and eaten without any dressing it is a most palatable and tasty salad. Mixed with lettuce or pepper grass and served alone with French dressing of oil, three parts, and vinegar, one part, salt and pepper to taste, it is a salad par excellence.

Simple Lettuce and Peanut Salad.
See that the peanuts are freshly roasted, roll with a rolling pin to crush like crumbs. Sprinkle a crisp well dried lettuce with the peanut

TINY DANCER, WHO IS WONDERFULLY TALENTED



VIRGINIA MYERS, daughter of Mr. and Mrs. Jerome Myers of New York, was born in that city in 1906 and made her first appearance at the Plaza Hotel, New York, at the age of four. At the age of five the Edison company started her in a 400 foot film called "Dream Dances of Virginia Myers." Each year since she has given her own recital at the Berkeley theater and Carnegie Lyceum of her original dances

—absolutely unorchestrated and spontaneous—private performance at the Maxine Elliott theater for Winthrop Ames, also Walter Damrosch, and at their request gave recitals in a Carnegie hall studio. Prominent people in art and society found her art entirely unique and the only case of a child improvising works of art. She is a normal child and only shows this extraordinary gift when dancing. I had the pleasure

of watching this beautiful child dance at the Berkeley theater, New York city, in the spring and was captivated by the grace and charm of her improvised dancing.

The very spirit of the dance seems epitomized in the little creature. At one time she is a daisy dancing in the woodland, at another a fairy circling in the mystic moonlight, at all times she impresses one with this spiritual quality mixed at rare moments with a dramatic quality which lifts her into the rank of a genius.

May Wilmoth

CROCHETED ARTICLES.

HAVE you noticed the development of crocheted articles? Crocheted corsets are now run in lingerie instead of ribbon. At each end of such corsets is crocheted a daisy or tiny wild rose. This is an advantage over ribbon, which, having nothing on the ends to prevent, is apt to slip out of place occasionally.

Smart belts, with various buckles, are crocheted in Roman colors. Underneath the buckle straps the belt. The buckles are often of papier mache covered with silk buttonholing. The smartest results in these belts are often got in black and white effects.

HIGH COLLARS.

IT is said that the Parisienne is wearing the highest of high collars with her tailored suit. Of white linen, well stiffened, one variety of the genus buttons up in front of the throat and then flares suddenly out at the top in sharp pointed triangles that shoot into space at either side of the chin. Another mode of neck dressing is to wear a cravat of black satin or taffeta wound round the throat after the fashion of our grandfathers, while points of cambric dart out from under it at the top and mount guard in front of each ear.

FAMILY PORTRAITS.

THERE is a beautiful home on Long Island, N. Y., that the owners wished to lease for the summer. Two parvenus with social ambition thought this residence might be the means of launching them into local society, so they went to look it over. Upon entering the boudoir of a young woman member of the family, their eyes fell upon a beautiful Madonna on the wall. They also observed a Beatrice Cenci. One of the party said, "Well, if we do take the house will you please remove the family portraits?"

THE PLAIDS ARE COMING.

PLAIDS, large ones and genuine Scotch ones, are coming along very quickly in the wake of the kilts which we have seen now for some time. In America, however, the rich colored plaids are toned down somewhat by combination with blue serge or gaberdine. A plain blue serge coat, made in the straight box style and just a trifle longer than waist length, is worn over a box plaited skirt of plaid cheviot. Plaids peep out at neck and wrist from dark blue gaberdine suits and line some of the long separate coats.

A GARDEN HAT AND A SAILOR



TWO smart late summer hat models. The one at the top is a straw and taffeta creation simply trimmed with a wing and quill and is meant for morning wear with a tailored frock. The one below is of ecru straw trimmed with blue ribbon and pink roses. The young girl will find this a charming hat for garden parties.

USING WOMEN'S BRAINS

THERE is still a rather prevalent notion that half of the world's brain power is quite sufficient to manage all of its more important affairs satisfactorily and that the other half should be excluded. To support this notion, as John Stuart Mill wrote: "It is not sufficient to maintain that women on the average are less gifted with certain of the higher mental faculties than men or that a smaller number of women than of men are fit for occupations of the highest intellectual character. It is necessary to maintain that no women at all are fit for them and that the most eminent women are inferior in mental faculties to the most mediocre of men."

We do not mean now particularly female suffrage. We mean the total education of women in spite of the big advances in that field which have occurred since Mill wrote. Especially in comfortably or remotely there is undoubtedly a prejudice against seriously educating women for any immediately productive work.

That the young daughter of the family should be seriously trained to earn a living is rather shocking to papa and mamma. In conflicts with their conventional ideal of her as a social ornament, she may study the same books that her brother does and pass the same examinations, but what is finally required of her is something utterly different from what is required of her brother, and because of that her total

education is entirely different from his. She expects to win the race that is set before her by charm, not by intellect. Practically she needs more incentives to do her hair prettily than to develop her mind.

We do not think any fair minded person who takes stock of the charming women of his acquaintance will deny that a considerable portion of the world's brain power is practically unused. In view of the middle world gets into with what brain power it does practically use this seems a large preventable loss.—Saturday Evening Post.

PRESSED FLOWERS IN FASHION.

FLOWERS that look as if they had been pressed as we used to press flowers and leaves when we were children, trim all the newest hats. They are placed between layers of chiffon or crepe which form the brims of hats or are applied flat against the sides of the crown, but wherever they are found they are most effective. In all the pastel shades are they to be had. Daisies are used invariably in every combination of more than two flowers.

TO REPAIR BLOUSE.

WHEN a hand embroidered blouse begins to show wear and little holes appear, simply buttonhole around the tear or embroider a dot over the worn place. The effect will be good, and the blouse will last much longer if repaired this way.

Primitive Wooing

IN the early civilization of every people there has existed in one form or another the curious custom of securing a wife by stealing her.

Without doubt it is the cave man's methods persisting among the semi-civilized, and even our custom of elopement can be traced back to the knobbed club days. So it is in darkest Africa today.

Where a wife is not a chattel possession, precisely as the man's property as his cattle and his farm, the African maiden is wooed and won by her dusky lover by stealth.

Often her parents favor some richer suitor and have chased the lover away from their doorstep, and then it is that the marriage by theft is sure to occur.

Watching her house as a cat watches a mouse hole, the lovesick swain follows the girl of his heart when she leaves the house to draw water or gather wood for the fire, and out of sight of the house he woos her with soft words.

If she is willing he tells her he will send some of his friends to steal her away—"pula," it is called—and bring her to his house.

Then he calls on half a dozen of his friends and bids them steal the maiden of his heart for him.

At the appointed time the girl goes down to the spring alone, her lover's friends creep up on her, and should she

in modesty struggle they lift her on their shoulders and run with her to their new home.

There she remains until the next morning, when her relatives come and demand six goats as a trespass offering for having carried her away. In addition to these the regular dowry is twenty goats and five head of cattle.

Each goat is given in payment for some definite item of the marriage bill.

For instance, one goat on account of betrothal, one as a fine for the covetous eyes that spied the girl out, two—one for each parent—for the stool on which he sat when he wooed her, two for the relatives' trouble in looking for her when kidnaped, two on account of the talk or "palaver" and two for entering the house or grounds to make love to the girl.

Of course the relatives make the bill as long as they can string it out.

It is very seldom indeed when a marriage does not ensue as the direct result of the "pula," but sometimes the angry parents carry her back home again. In either event the African marriage is one that is not binding forever unless both the husband and wife are pleased. Indeed, like the modern advertising slogan, "all goods not approved may be exchanged," the dusky lover may return his wife after a few months if he finds that he has made a mistake and really doesn't like her.

LINGERIE FOR A MERE SONG

ANY woman may have handsome lingerie if she will save all of the remnants of half worn lingerie dresses, shirt waists and odds and ends of embroidery, insertion and lace. She may also save the good parts of half worn waists and evening gowns of delicate shades. One lady had a drawer full of exquisite underclothing made from the latter.

A combination, drawers and waist, was made of two broad lace flounces from skirts. These were cleverly pieced together and laid on the pattern. When made up fresh bedding was run at the waist line and about the neck and shoulders, ribbons run in and narrow valenciennes lace used as a finish.

Last season's all over embroidery frock will make a handsome combination. Camisoles may be contrived of all sorts of dainty odds and ends, of which there are not enough of one kind for any other purpose. Lace that is slightly worn may be darned in the careful needlewoman, then shirred in between ribbons or bands of insertion or plain silk, and a new day's wear garment. All old materials must be nicely laundered before being used.

It is always well to lay in a supply of narrow val lace by the piece during a sale. Baby ribbons may be bought in the same way. Thus the materials are always at hand to finish these dainty garments.

It is well, too, to pick up remnants of fine white material which are often

thrown on the bargain table in short lengths. Exquisite fabrics may often be obtained in this way for a mere song which will work up beautifully with the addition of a little lace and ribbons.

A young girl on the stage accumulated a trunkful of beautiful silk underwear by saving the scraps from her cast off gowns and working up the unworn pieces with leftover bits of lace into marvels of daintiness during her waiting moments in the dressing room.

The half worn ball dress may often be converted into a dainty petticoat with a little delicate patching and reinforcing.

SEVERAL BEAUTY HINTS.

Celery is good for nervousness, being considered a stimulant.

An oily red skin needs an astringent. Add a few drops of toilet vinegar to the wash water.

For a red, oily nose anoint several times a day with a dilute alcohol or witch hazel.

Butter is excellent for a burn. If the spot is covered instantly with the butter the skin will not blister.

Touch warts and corns with a tiny brush or feather dipped in iodine and they will gradually disappear.

Mothers of the Race Are Unselfish

THE rarest of all the virtues is unselfishness. To disregard self so completely that all one's interest is wrapped in another is an outward and evident sign of a big nature. There is only one class of humanity in which such unselfishness is to be found in abundance and that is in mothers. To be sure, there are a few other unselfish souls to be found scattered here and there in a world of selfishness, but, generally speaking, unselfishness is to be found at its highest in mothers.

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Our mothers give up gladly all personal pleasures and joys for our benefit. They offer all they have to give that we may advance, and all they ask in return is to see us succeed. And even if we fall what difference does it make in their confidence and their pride in us? They love the black sheep just as much as the white.

Who are so quick to console us in our sorrows as our mothers? They are as ready to comfort the grieving man's heart as to wipe away the lad's tears. They try to the defense of the grown daughter as quickly as they do to the little tot. They are the first to reach us

in times of trouble, the last to blame us in times of misfortune.

Why not, then, show them some return for their investments of love and self sacrifice? Why not until they are gone and no longer have words of our affections to the bottom? Let us begin—now, today—those of us who still have the chance to give the demonstration of the love within us to the mothers who have spent their lives in our interests.

Those of us who have wives or husbands may, in the interest of our own homes, have neglected the mother's lonely heart. Let us repair that neglect while there is still time. Our husbands or wives may be dear to us, but after all, they are comparative strangers as compared with our mothers. The mates of our choice should not have us neglect our mothers, or, if they would, they are not worthy of consideration. Our mothers should hold the first place in our hearts because they had given us life, and they have entered in. And our mothers should receive our first consideration.

A well known musical comedy star, in divorcing her husband about five years ago, said that the new law of helping her mother along. "One can have many husbands in these days," she said, in conclusion, "but one has only the one mother."

Let us keep that in mind. So let us make the most of the one mother we have. Let us lavish our love on her in our most prodigal manner, for all we can give is but a small return on what she has given us. If we cherish her every minute of her lifetime it is but her due.

TREATMENT OF FRECKLES.

FRECKLES and sunburn are the greatest drawbacks to beauty in the summer time. Both come directly from the sun's rays and must be treated carefully in order to effect a cure. In the case of freckles it is sometimes impossible to cure them altogether, though these ugly brown spots may be lightened considerably if the right treatment is given. Of course the most of lotions are put on the market and advertised as "freckle cures," but few of them do the work they guarantee to do, and some of them are harmful. Right in one's own home it is possible to compound a very efficacious cure and one that will not do any injury to the complexion.

Horseshoe root and buttermilk mixed together and applied to the brown spots will do much to lighten their color. Grate a fresh horseshoe root very fine, cover with fresh buttermilk and let stand overnight. Strain through cheesecloth and wash the face night and morning with the resulting liquor.

TABOO.

HOBBLE skirts, kimono sleeves and long coats are the few garments that are taboo so far, but there is in the rest of the world of ideas to choose from and in which to make oneself lovely.

HEREIN LIES ART.

TO make the best of one's appearance is a great art. This is really where the Frenchwoman excels. She offers no better looking than any other woman, often less so than her American cousin, but she nearly always makes a better effect. She almost never slavishly follows a mode; she adapts it to her own type, of which she has made an exhaustive study. She is careful of details, but she never loses sight of the ensemble in her attention to them. This is why the Frenchwomen are so alluring to look at. Each one is the expression of herself, and one rarely sees the misfits and sartorial freaks which cause with us a sort of sad misanthropy.

HOW TO CLEAN SUEDE.

IF you are wearing a pair of fashionable shoes it goes without saying that they have some suede somewhere in their makeup. They have suede tops or they have suede trimmings or some place there is some suede. Also, as a matter of fact, the suede becomes soiled rather easily. Now there are several sorts of cleaner sold for suede, but all of them are fairly good. But a woman who has had much experience with cleaning suede says that the best way to clean it is to rub it with a fine emery cloth. This literally rubs off the dirt and leaves the suede smooth and clean.